



AMERICAN UNIVERSITY

W A S H I N G T O N , D C

DEPARTMENT OF HEALTH AND FITNESS

Mr. Bob Coleman
3213 Patterson Street, NW
Washington, DC 20015

Dear Bob,

Thank you for coming to speak at my Strategies of Stress Reduction classes. We really enjoyed hearing from you and hope the rest of your year goes well. In the spring, I will be sending out information about the 1999 Fall Wellness Fair at American University. I hope you will be able to participate again in the fair. Thanks again for sharing your experience and knowledge.

Sincerely,

Kathy Haldeman

Wellness Coordinator